

Thank you for seeing

(Patient name)	Date of Birth:
	Phone (H):
	Phone (W):
	Medibank No:

Investigations Requested

Clinical Details

Referring Doctor Details

Results

Phone Report
 Email Report
 Fax Report

Copies to

Doctor Signature

Date

Appointment Day:

Date:

Time:

REQUEST FORMS MUST BE BROUGHT TO YOUR APPOINTMENT ALONG WITH YOUR MEDICARE CARD

Test	What is this test?	What do you need?
ECG	An electrocardiogram or ECG measures and records the electrical activity in your heart. It is used to determine if the heart has an abnormal rhythm, if the heart muscle is abnormally thick, or if the cardiac muscle is receiving less than optimal oxygenated blood. The test is performed by a cardiac technician. Duration: 10 minutes	Prior to the test, avoid skin products such as lotions that may prevent the electrodes from adhering to the skin.
Holter Monitor	Also known as continuous ECGs, a Holter monitor is a small, discreet type of heart monitor that records your heart's activity over 24, 48 or 72 hours. If you have an irregular heartbeat or heart palpitations, but an ECG didn't detect anything, a Holter monitor can help diagnose the problem. You wear the Holter monitor while you do your normal daily activities. Duration: 15 minutes	Shower prior to having your Holter fitted, as you will be asked not to shower while wearing the monitor. Patients are asked to shave the entire left side of their chest. Please return the monitor the next day.
24-hour Blood Pressure Monitor	A watch style blood pressure monitor is worn on your wrist for 24 hours. It is convenient to use, light weight, non disruptive, cuff-less, and takes a BP reading every 15 minutes over a 24-hour period. Please shower prior to your appointment, as you will not be able to shower while wearing the monitor. Duration: 15 minutes	Shower prior to having your BP monitor fitted, as you will be asked not to shower while wearing the monitor.
Carotid Ultrasound	An ultrasound of the body's two carotid arteries, which are located on each side of the neck and carry blood from the heart to the brain, provides detailed pictures of these blood vessels and information about the blood flowing through them. Duration: 45 minutes	In the 24 hours before your test, avoid heavy, gassy, fatty meals. Have a light breakfast before your test and take all medications as per usual. If your appointment is in the afternoon, have a light lunch.
Echocardiogram (echo)	An echocardiogram (echo), or cardiac ultrasound, is a diagnostic test that uses sound waves to view structures of the beating heart such as the chambers or valves. A device called a transducer is placed on the chest wall, and sound waves are transformed into images and video which are used to evaluate your heart's function. Duration: 45 minutes	No special preparation needed.
Exercise Stress Echocardiogram (echo)	This diagnostic test includes an echocardiogram (echo) or ultrasound of the heart before and after exercise on a treadmill. The echocardiogram gives information about your heart's function. Exercise testing measures the performance and capacity of the heart, lung and blood vessels. Duration: 40 minutes	Avoid large meals prior to the test. Please wear comfortable shoes.
Dobutamine Stress	A Dobutamine stress echo is performed when your doctor feels that it is inappropriate for you to exercise on the treadmill. Dobutamine is a medication given into the vein to place your heart under a similar amount of strain as would be achieved with exercise. This information can assist your cardiologist in assessing the state of your heart muscle and the arteries feeding that muscle. Duration: 60 minutes	No special preparation needed.



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